

Title of Extra Qualification	Base training in palliative cares
Target Group (Qualification(s)):	Workers or volunteers active in the field of health and social care. This extra qualification addresses best to Nurse assistants and family helpers.
Duration (lessons of 45 min):	64 lessons
Necessary Qualification of Trainer	Basic capacity in the use of language (understand principal ideas of a text, answer questions about that text, develop a critical thinking, use the basic rules of synthax), <i>Or</i> Inferior secondary grade (EQF level 3)
Necessary Equipment	School class Visit of a palliative care service is strongly recommended
EQF / NQF Level	4
Assessment Instruments	Complex task including written part and expert discussion with a jury composed with at least 1/3 of stakeholder of the field. The task will concern a concrete situation of accompaniment of a person in palliative care.

Learning Objective (Summary)

The unit of Learning Outcomes should enable professionals or volunteers to accompany a person in hospice and his family, experience the culture and structures of palliative care. More specifically, it aims allowing professionals or benevolent workers to acquire, in the field of palliative care, technical and relational competences, in order to develop a global ethical approach of the persons, and to improve the quality of life, in his environmental, social, cultural and philosophical context.

Key activity *or* Unit of Learning Outcomes

To improve the quality of life of a person in palliative care, within a global ethical approach of the persons

Professional Competence

Respecting the legal and ethical approaches and the limits of his function

Skills

- Take position in connection with a multidisciplinary team
- Confronting concrete situations, explore specific ethical landmarks for the accompaniment of a person at the end of her/his life in palliative care (use of intensive medication, euthanasia, limits of medicine and cares, wishes of the diseased person, ...)

Knowledge

- Identify the organisation in network of the palliative cares at the local, regional, national and international levels
- Identify the mission of the institutions of palliative care
- Identify the possible aids for a person and her/his environment
- Situate the limits of his function
- Identify the roles and missions of structures and categories of stakeholders
- explicit specific ethical landmarks for the accompaniment of a person at the end of her/his life in palliative care (use of intensive medication, euthanasia, limits of medicine and cares, wishes of the diseased person, ...)

Professional Competence

Provide comfort care for a terminally ill person

Skills

- Observe and take note of pertinent clues, on physical, psychological and social field, allowing to assess the quality of life and comfort of a diseased person
- Transmit the observation
- Propose methods of intervention, within the limits of his function and in connection with a multidisciplinary team

Knowledge

- identify relevant indicators for assessing the quality of life and comfort of the person
- identify potential aid that can benefit the helped person and her/his familial environment

Professional Competence

To listen and communicate with a person in palliative care and with her/his environment

Skills

- Make experience of the basis of an approach of benevolent and respectful communication of the person in palliative care and her/his close helpers
- propose and describe appropriate methods of communication

Knowledge

- Defining the concept of « global suffering »: physical, psychological, spiritual, familial, social side ...
- Identify the characteristics of the communication in the framework of a relation of help

Personal Competence

To develop her/his own capability of listening toward the person in palliative care and her/his close helpers
To recognize her/his own affect and representations toward concrete palliative care situations, encountered or called to mind